

**Midlands Grand Prix Laser Open**  
**2nd September 2018**  
**Trent Valley Sailing Club**

## **Notice of Race**

### **1. Rules**

- 1.1. Racing will be governed by the rules as defined in the Racing Rules of Sailing
- 1.2. The following prescriptions of the RYA national authority will apply and will be stated in full in the sailing instructions.

RYA prescriptions to the Racing Rules of Sailing

- 1.3. Trent Valley Sailing Club Open Meeting Sailing Instructions will apply except as stated in any Supplementary Sailing Instructions.

- 1.4. A number of RRS are changed by the Sailing Instructions, the key ones being:

RRS Zone definition - The Zone around a mark is the area within two hull lengths of the boat nearer to it;

RRS A4 and A5 - A boat starting later than 5 minutes after her starting signal will be scored Did Not Start without a hearing;

RRS 44.1 - A boat that breaks RRS 31 (touches a mark) must re-round the mark and must stay clear of other boats whilst doing so;

RRS 44.1 (a) - A boat breaking a rule in RRS Part 2 and RRS 31 in the same incident must take both penalties.

### **2. Advertising**

- 2.1. Advertising will be restricted to Category 'C' in accordance with ISAF Advertising Code, Regulation 20.

### **3. Eligibility and Entry**

- 3.1. The regatta is open to all boats of the Laser 1 class, including Standard, Radial and 4.7 rigging.

### **4. Classification**

- 4.1. The ISAF Sailor Classification Code will not apply

## **5. Venue**

- 5.1. The venue is Trent Valley Sailing Club.
- 5.2. If using a Sat Nav to guide you to the venue, be careful how you input the address. Use postcode NG10 2FX and then follow the temporary signs to the Club. Directions can be found attached to this NoR and also on the Club's website – [www.trentvalleysc.org](http://www.trentvalleysc.org)
- 5.3. The sailing area is within an approximately one mile long section of the River Trent that runs from eastward of Sawley Lock to a junction with the River Soar.
- 5.4. Competitors should note that the sailing area is also a public waterway and there may be a significant number of barges and cruise boats using the river, including entering and exiting the connected River Soar, Erewash Canal and Cranfleet Cut. Such craft are to be treated as obstructions.
- 5.5. Other sailing area obstructions will be highlighted during the briefing.

## **6. Fees**

- 6.1. The entry fee for the event is £10 per helm.
- 6.2. A buffet lunch will be provided at a cost of £5 per person.

## **7. Schedule**

- 7.1. Date of racing - Sunday 2nd September 2018.
- 7.2. The club will be open to all visiting sailors from 09:00.
- 7.3. Registration will take place between 09:00 and 10:45 on the top floor of the clubhouse. If any visitor wishes to order lunch, they must do so during the registration period.
- 7.4. The event briefing will be given in front of the clubhouse at approximately 10:30.
- 7.5. The scheduled time of the warning signal for the first race is 10:55.
- 7.6. Subject to weather conditions, there will be three races, with lunch scheduled after the first race.
- 7.7. Racing due to resume after lunch for around 13:30.
- 7.8. All racing will aim to be concluded no later than 16:00.

## **8. Sailing Instructions**

- 8.1. Sailing instructions for the open will be made available at registration.

## **9. The Courses**

- 9.1. The courses to be sailed will be at the Race Officer's discretion on the day.

## **10. Handicap**

- 10.1. As instructed by the Midlands Region Co-ordinator, all competing helms will have their elapsed times handicapped in accordance with the RYA Portsmouth Yardstick System, depending on their chosen rig setup.

## **11. Penalty System**

- 11.1. The penalties will be as per RRS 44, except as detailed in NoR section 1.4 above.

## **12. Scoring**

- 12.1. The Low Point System of Appendix A will apply.
- 12.2. When fewer than three races have been completed, a boat's series score will be the total of her race scores, otherwise a boat's series score will be the total of her race scores excluding her worst score.
- 12.3. Where flights are used, no race tie resolution will be used.

## **13. Prizes**

- 13.1. The prize for the helm who finishes in 1st place will be the Francis Turner Challenge Cup.
- 13.2. Additional prizes will be awarded to the leading competitors, at least those in positions better than the square root of the total number of event entrees.
- 13.3. Prizes may be awarded if there are at least 2 entrees competing under categories for female helm, radial and 4.7 boat setups.

## **14. Disclaimer of Liability**

- 14.1. Competitors participate in the event entirely at their own risk. See RRS 4, Decision to Race. The organizing authority will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during or after the event.

## **15. Insurance**

- 15.1. Each participating boat shall be insured with valid third-party liability insurance with a minimum cover of £2 million per event or the equivalent.

## **16. Further Information**

- 16.1. Further information can be found from the club website at [www.trentvalleysc.org](http://www.trentvalleysc.org). Alternatively you can contact the Laser fleet captain via e-mail at [james.dalby@trentvalleysc.org](mailto:james.dalby@trentvalleysc.org), or via telephone on 07807806830.

# Travel Instructions

## From the West (A50)

1. Leave the A50 at junction 1 and take the exit heading towards Long Eaton and Sawley (B6540).
2. You arrive into Long Eaton, and after driving under a narrow railway bridge, take the 3rd exit of the roundabout to the right onto Fields Farm Road heading in the direction of 'Action Road Industrial Estate'.
3. At the next roundabout, take the last exit to the right, and over a level crossing.
4. Turn right at a mini roundabout onto Meadow Lane.
5. You pass under another railway bridge, and after driving over another level crossing, turn immediately right onto Trent Lane, where you should begin to spot signs pointing the way to the sailing club.
6. Follow the road all the way down the country road parallel to the railway line and across a cattle grid. The area of land from this point is designated farmland, so take caution when driving close by grazing livestock.
7. Keep driving past the farm and up towards a canal bridge. Please close the gate behind you as you cross the bridge.
8. Keep following the road, under a double railway bridge, and the sailing club should be in sight ready to greet you.

## From the East (Nottingham)

1. Drive westbound along the A6005 through Beeston and Chilwell, and once you have passed by a horse riding centre and a welcome sign for Long Eaton, exit the road on the 2nd left onto Station Road
2. Turn left after a hand car wash service centre carefully onto New Tythe Street. You should see the street sign half-way up the side of a terraced house painted white.
3. Continue straight on at the mini roundabout onto Meadow Lane.
4. You pass under another railway bridge, and after driving over another level crossing, turn immediately right onto Trent Lane, where you should begin to spot signs pointing the way to the sailing club.
5. Follow the road all the way down the country road parallel to the railway line and across a cattle grid. The area of land from this point is designated farmland, so take caution when driving close by grazing livestock.
6. Keep driving past the farm and up towards a canal bridge. Please close the gate behind you as you cross the bridge.
7. Keep following the road, under a double railway bridge, and the sailing club should be in sight ready to greet you.

## From the North (M1)

1. Turn off the M1 at junction 25 taking the 2nd exit onto Bostocks Lane towards Long Eaton.
2. Turn right onto Longmoor Road (B6002) at the next roundabout towards Long Eaton.
3. Continue straight across two more roundabouts along Wilsthorpe Road, heading in the direction of Sawley.
4. Take the 2rd exit of the roundabout onto Fields Farm Road towards "Action Road Industrial Estate".
5. At the next roundabout, take the last exit to the right, and over a level crossing.
6. Turn right at a mini roundabout onto Meadow Lane.
7. You pass under another railway bridge, and after driving over another level crossing, turn immediately right onto Trent Lane, where you should begin to spot signs pointing the way to the sailing club.
8. Follow the road all the way down the country road parallel to the railway line and across a cattle grid. The area of land from this point is designated farmland, so take caution when driving close by grazing livestock.
9. Keep driving past the farm and up towards a canal bridge. Please close the gate behind you as you cross the bridge.
10. Keep following the road, under a double railway bridge, and the sailing club should be in sight ready to greet you.

## Further instructions to visitors

- The fenced car park can be accessed easiest across a cattle grid closest to the boat shed.
- Be on the lookout for any farm livestock and make sure they don't enter the sailing club grounds if nearby.
- You are allowed to prepare your boats anywhere on the sailing club grounds, but please allow enough room away from the building or from other competitor's boats.
- Any equipment belonging to TVSC or TVSC club members is not to be used or borrowed without the explicit permission of the owner.
- There are two launch ramps you can choose from to launch your boats. One is located river-side at the front and to the left of the launch platform, and another one canal-side between the stewards' house and the boatshed.
- The gentlemen's changing rooms is located on the lower floor of the clubhouse, accessible via the front, and the ladies changing rooms is the eastern-most room of the building behind the clubhouse accessible from the staircases on both sides.